

Inledningsmantra / Opening chant

Om

vande gurūṇāṃ caraṇāravinde
sandarśita svātma sukhāva bodhe
niḥ śreyase jāṅgalikāyamāne
saṃsāra hālāhala mohaśāntyai ||

ābāhu puruṣākāraṃ

śaṅkhacakraṣi dhāriṇam

sahasra śiraśaṃ śvetaṃ

praṇamāmi patañjalim

Om

Engelsk tolkning / English translation

Om

I pray to the lotus feet of the supreme guru
who teaches knowledge, awakening the great
happiness of the self-revealed
who acts like the jungle physician
able to remove the delusion from the poison
of conditioned existence

To Patanjali, an incarnation of Adisesa,
white in color with a thousand radiant heads,
(in this form as the divine serpent Ananta),
human in form below the shoulders,
holding the sword of discrimination,
a wheel of fire representing infinite time,
and the conch, representing divine sound,
to him I prostrate.

Om

Avslutningsmantra/Closing chant

Om

Swastiprajābhyaḥ paripālayantām
nyāyena mārgena mahīm mahīśāḥ
gobrāhmaṇebhyaḥ śubhamastu nityam
lokāḥsamastāḥ sukhinobhavantu ||

Om śāntiḥ śāntiḥ śāntiḥ ||

Engelsk tolkning / English translation

Om

May the rulers of the earth keep to the path
of virtue for protecting the welfare of all
generations.
May the religious, and all peoples be forever
blessed
May all beings everywhere be happy and free

Om peace, peace, peace



INLEDNINGS & AVSLUTNINGSMANTRAN / OPENING & CLOSING CHANT